



SHERRIE PALM

THE VOICE OF CHANGE

SPEAKER-AWARD WINNING AUTHOR-WOMEN'S HEALTH PIONEER

GRASSROOTS MOVEMENT TO REVEAL AND CLARIFY THE BIGGEST SECRET IN WOMEN'S HEALTH

Sherrie Palm educates and inspires others regarding the physical, emotional, social, and sexual impact of pelvic organ prolapse, a common but seldom talked about women's health condition.

Recognizing a need to shift awareness and the global view of pelvic organ prolapse, **Sherrie Palm** takes steps to **pioneer change**. Cognizant of the diverse needs of her audience regarding this common, cryptic women's health concern, Sherrie delicately puts all the cards on the table to disclose aspects of pelvic organ prolapse that few discuss. Sherrie's capacity to compassionately answer all questions posed during speaking engagements endears her to the audience. **Sherrie Palm is the Founder/CEO of APOPS, Association for Pelvic Organ Prolapse Support, and author of the award winning book *Pelvic Organ Prolapse: The Silent Epidemic*.**

As a grassroots women's pelvic floor health advocate, Sherrie dedicates her time to avenues of POP recognition, education, guidance, and support.

"As a woman who had to deal with prolapse herself, she shares the inside information on how to recognize prolapse and how to get qualified help for it." Lennox Hoyte MD, Director of Urogynecology, Tampa General Hospital, author of Prolapse Repair.

"A long awaited bridge connecting the public to the medical profession." Bruce Crawford MD, Pfilates Program

"Sherrie Palm's crusade to break women free of their silence and begin a dialogue about pelvic organ prolapse is inspiring." Karen Heller, Associate Producer PBS Second Opinion

Educational, insightful, empowering; a must attend for women of all ages and the healthcare professionals who treat them.

Keynote Topics:

- ❖ *Bridging the Gap: What do Women with POP Really Want?*
- ❖ *Unveiling The Biggest Secret in Women's Health*
- ❖ *Impact to Intimacy: When POP Creates Problems in the Bedroom*
- ❖ *Women's Athletic Activities and the Pelvic Floor: Protect and Preserve*

2 Hour Seminar:

- ❖ *POP 101: Pelvic Organ Prolapse Basics, Symptoms, Causes, and Treatments*

For program pricing/availability, submit inquiry to sipalm@wi.rr.com or call 262-441-0488.

General information can be found at <http://www.sherriepalm.com>.

APOPS and pelvic organ prolapse information and support are available at <http://www.pelvicorganprolapsesupport.org>.