



**All women should be familiar with pelvic organ prolapse so they recognize signs and symptoms and seek appropriate medical intervention; POP is a health condition, not a roadblock.**

***Pelvic Organ Prolapse: The Silent Epidemic* is written in lay terms so women can easily digest POP basics and find solutions to their individual needs.**

## **TABLE OF CONTENTS**

### **Introduction: Research is Always the Key**

- 1. Pelvic Organ Prolapse, The Basics**
- 2. Causes of Pelvic Organ Prolapse**
- 3. Types of Pelvic Organ Prolapse**
- 4. Symptoms of Pelvic Organ Prolapse**
- 5. When to Seek Medical Treatment**
- 6. Medical Evaluation, What to Expect**
- 7. Non-Surgical Treatment Options**
- 8. The Pessary**
- 9. Surgical Options**
- 10. How to Find a Healthcare Provider**
- 11. What to Ask your Doctor Prior to Surgery**
- 12. What to Expect with POP Surgery**
- 13. What to Have on Hand Prior to Surgery**
- 14. Impact to Intimacy**
- 15. The Mesh Agenda**
- 16. Prevention and Maintenance**
- 17. My Personal Experience**
- 18. The Path to Awareness**



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**More information about pelvic organ prolapse is available at the APOPS website @**

**<http://www.pelvicorganprolapsesupport.org>**